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PRESS RELEASE

The SDIT Project - "Self-Determination & Inclusion by Theatre" kicked off in Lisbon this year and has as its main objective the promotion of self-determination and inclusion of young autistic people and adults through theatre. This happens by training actors and other collaborators of theatre groups in order to prepare them for the inclusion of autistic people in their activities. Using an innovative pilot methodology, the project team aims to demonstrate that the inclusion of people with autism through theater is facilitated if their collaborators are properly trained.

Approved for funding by the Erasmus+ programme, KA220-ADU - Partnerships for cooperation in adult education, the project is partnered by a consortium of international organisations, including Associação Teatro da Vila (Portugal), Autism-Europe (Belgium), Asociación Autismo Sevilla (Spain), Inovar Autismo - Associação de Cidadania e Inclusão (Portugal), and Associazione Diversamente ONLUS (Italy).

The main expected results are:

- Increasing the number of theatres equipped to include autistic people in their activities
- Development of a course that can be adapted and implemented in multiple sectors of activity and for different disabilities
- Submission of a scientific article in an indexed journal with peer review
- Increased employment

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